



Foundation protection plan

**Protection only plan for students and
newly qualified dental professionals**

Table F1

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Foundation protection plan

Protection only plan for students and newly qualified dental professionals Table F1

1 Introduction

1.1 Purpose of the plan

This **plan** is designed for students in **education** and newly qualified **dental professionals** and will to pay **you**:

- a lump sum if **you** are unable to complete **your education** because of **your incapacity** or
- regular **benefits** to help replace the income **you** lose if **you** cannot work in **your occupation** because of **your incapacity** after the completion of **your education**.

This **plan** is not designed to pay out if **you** cannot complete **your education** for any other reason or **you** cannot work because **your** contract ends, is terminated or **you** resign, are suspended, dismissed or made redundant or **your** business ceases for some other reason.

1.2 Your responsibilities

In addition to the general terms and conditions of **your membership** in **our rules**, **you** must also comply with the specific terms and conditions of **your plan** as set out in this **table** and **your benefit statement**. If **you** do not, **we** may refuse to pay **your benefits**, cancel **your membership** or both.

You should not insure **yourself** for more than what **you** are entitled to receive. **You** also have a continuing responsibility for ensuring that **your plan** is appropriate to **your** professional and personal circumstances.

2 Definitions and interpretation

The terms highlighted in **bold** in this **table** are defined terms and have the specific meaning as explained below.

actuary	The actuary as defined in the rules .
benefits	The lump sum or regular amounts we pay you on account of a valid claim, based on your cover , subject to the terms and conditions of the plan .
benefit statement	The statement we periodically send you detailing the features of your plan .
board	Our board of directors.
cover	Your insurance under the plan .
deferred period	If you become incapacitated after the completion of your education , this is the number of consecutive weeks from the start of your incapacity which must pass before you become entitled to receive benefits . The deferred period applicable to your benefit is shown in your benefit statement .
dental professional	A person who is properly licensed to legally practice as a dentist, clinical dental technician, dental hygienist, dental technician, dental therapist, or orthodontic therapist in the UK .
doctor	A person, other than you , a family member or your business colleague, who is properly licensed to legally practice as a medical doctor in the UK (or other countries approved by us).
education	A recognised degree or diploma, the successful completion of which, would allow you to register with the appropriate statutory body to practice as a dental professional . Your education will end on the date the results of your successful qualification to become a dental professional are published by the relevant institution.
expiry date	The date on your benefit statement showing when your entitlement to benefits will end. Your plan will end when all your covers expire, which will normally be your 65th birthday unless special conditions apply to your plan or you have chosen a different date.

	<p>Your plan will automatically expire if you:</p> <ul style="list-style-type: none"> • if you receive benefits on account of your incapacity arising before you complete your education • dropout of your course or do not complete your education and register as a dental professional within 12 months of the estimated completion date stated in your application • accept a lump sum settlement for a claim where we are satisfied the incapacity is expected to last throughout your life • cannot work in your occupation because of a permanent and irreversible incapacity which is excluded under your plan or for which you can no longer receive any benefits • die. <p>After the age of 55, you can reduce the expiry date of your cover to any birthday in the future.</p>
family member	Your spouse, parents, siblings, children and their spouses, civil partners or children or anybody living at the same address as them.
incapacity/incapacitated	<p>The definition of incapacity applicable to your plan is shown in your benefit statement.</p> <p>A – Own occupation definition</p> <p>Before the end of your education, incapacity means we are satisfied that you are unable to complete successfully your education and register as a dental professional, as a result of a permanent and irreversible illness or injury.</p> <p>After the end of your education, incapacity means we are satisfied that as a result of an illness or injury:</p> <ul style="list-style-type: none"> • you are unable to perform the material and substantial duties of your occupation • you are not following any other occupation, except where you are making a phased return to work and we have agreed to pay you reduced benefits • your income from your occupation has reduced as a result. <p>B – Suited occupation definition</p> <p>Before the end of your education, incapacity means we are satisfied that you are unable to complete successfully your education and register as a dental professional, as a result of a permanent and irreversible illness or injury.</p> <p>After the end of your education, incapacity means we are satisfied that as a result of an illness or injury:</p> <ul style="list-style-type: none"> • you are unable to perform the material and substantial duties of your occupation and the material and substantial duties of any occupation which you are reasonably suited as a result of your education, training or experience • you are not following any other occupation • your income from your occupation has reduced as a result. <p>C – Activities of daily living definition</p> <p>Incapacity means we are satisfied that as a result of an illness or injury, you are unable to perform three or more of the following activities without the assistance of another person:</p> <ul style="list-style-type: none"> • feed yourself when food has been prepared and made available • put on, take off, secure and unfasten all garments and, if necessary any braces, artificial limbs or other surgical appliances • wash in the bath or shower, including getting in and out of the bath or shower, or wash satisfactorily by any other means • maintain a satisfactory level of personal hygiene by using the toilet or otherwise manage bowel or bladder function • get out of bed into an upright chair or wheelchair and back again • get from room to room on a level floor.
irreversible	In our reasonable opinion, cannot be reasonably improved upon by any medical treatment and/or surgical procedures available throughout the remaining duration of the claim.
material and substantial duties	The main tasks and duties, which are normally required for the satisfactory performance of an occupation and which cannot be reasonably omitted or modified.
member/membership	Our member in accordance with our rules .

occupation	Any trade, profession or other work done for any form reward. It is not dependent on the availability of work or any particular business, job description and location.
our/society/us/we	Dentists' Provident Society Limited.
permanent	A condition that we agree is expected to last throughout your life with no prospect of improvement, irrespective of the expiry date of your cover or when you expect to retire.
plan	The foundation protection plan (F1), your membership and the products and services provided to you thereunder, subject to the terms and conditions of each.
planholder/you/your	The person named in the benefit statement who has the plan as part of their membership .
pre-incapacity income	The income from your occupation made up of: Income from your employment Your recurring salary, overtime payments, bonuses and benefits in kind before tax earned in the 12 months immediately before the start of your incapacity . If you work in and are also a shareholder and director of a close company, we will include the 12 month average of your beneficial share of the recurring distributable profits earned in the 36 months immediately before the start of your incapacity within your income from employment. In case the average is a loss, we will reduce your income from employment by your share of the loss. Income from your self-employment The 12 month average of your beneficial share of the recurring pre-tax profits from all your businesses before tax earned in the 36 months immediately before the start of your incapacity after deducting any allowable expenses, reliefs and allowances against income tax. If you have not been working for the full 36 months before the start of your incapacity , we will estimate what you would have earned based on the period that you actually worked. If you have a progressive illness, we may at our complete discretion, base our calculations on the annualised average of your three best years within the last five years, if we are satisfied this more accurately reflects your pre-incapacity income .
recurring	Excluding items which are rare, infrequent or unusual in nature either on account of their value or frequency.
rules	Our rules, as updated from time to time.
specialist	A doctor who is legally entitled to practice as a consultant or equivalent in the UK (or other countries approved by us).
table	This appendix, setting out the terms and conditions of the plan .
UK	The United Kingdom of Great Britain and Northern Ireland and its Crown dependencies.

3 Eligibility

investigations by a **doctor** or an appropriate health professional, approved by **us**, on any matter connected with **your** application.

3.1 Who can have this plan

You can only take out this **plan** for **yourself** and **you** can only apply for **cover** under the **plan** if:

- **you** are less than 40 years of age and
- **you** live in the **UK** and
- **you** are a student and expect to complete **your education** with 24 months or
- **you** are a **dental professional** and **you** completed **your education** within the last 18 months.

3.2 Application and admission

If **you** make an application for **cover** under this **plan** or any other changes which increase **your** premiums or **our** potential liability, **you** agree to give **us** all the consents, personal, medical and financial information **we** ask for, in the form **we** specify. **We** may ask **you**, at **our** cost, to have examinations, tests or

3.3 Changing your cover

You cannot increase **your cover** under this **plan**, other than under the guaranteed increase in **cover** option.

You can reduce **your cover** at any time after the fifth anniversary of **your plan**.

3.4 Special conditions

In assessing any application for **cover**, **we** will act reasonably, proportionately and in accordance with **our** legal and regulatory duties. After considering **your** application, **we** may decide that **we** cannot offer **you** the **cover** **you** asked for. If this happens, **we** may refuse **your** application or **we** may:

- refuse to allow **you** to have certain features of the **plan**
- refuse to insure **you** for certain conditions

- change the **expiry date** of **your cover**
- offer **you cover** on terms and conditions which are different from **our** standard terms and conditions
- offer **you** different **cover** to what **you** applied for
- charge **you** a higher premium than **our** normal premium rates.

If **we** refuse **your** application, **we** are not obliged to give **you** a reason for **our** decision. However, if **we** decide to apply any special conditions to any of **your cover**, **we** will inform **you** of these in writing. **We** will need **your** written acceptance of the special conditions before proceeding with **your** application.

In the event of a conflict between **our** standard terms and conditions and the special conditions applicable to **your plan**, the special conditions shall take precedence over **our** standard terms and conditions.

In **our** absolute discretion, **we** may reduce **your** premiums if **we** refuse to insure **you** for certain conditions.

3.5 Change of occupation

You do not have to tell **us** if **you** change **your occupation** after the start of **your cover**. If **you** make a claim **we** will assess it against **your** inability to perform the **occupation** **you** were engaged in when **your incapacity** started and not **your occupation** when **your cover** started.

4 Premiums

4.1 Paying your premiums

Your premiums are due from when **your cover** starts up to and including the **expiry date** and are payable monthly in advance by direct debit from **your UK** personal bank account. Unless **you** have chosen the waiver of premium option, **you** need to continue paying **your** premiums for the **cover** during a claim.

How much and when **you** need to pay are shown in **your** most recent **benefit statement**. **We** calculate **your** premiums in accordance with **our** standard premium rates for **your cover**. If **we** decide to apply special conditions or discounts to **your plan**, these can also affect **your** premiums. Copies of **our** standard premium rates, as applicable to **your cover**, are available upon request.

If **you** do not pay **your** premiums by the due date, **we** may stop **your benefits**. If **you** cannot pay **your** premiums, **you** should contact **us** as soon as possible. At **our** discretion, **we** may be able to offer **you** special arrangements to settle what **you** owe, based on **your** circumstances and **membership** history.

4.2 Age related premiums

If **you** have chosen age related premiums, then the premiums for **your cover** will increase as **you** get older. **Your** premiums will rise in January each year based on **your** age as at 31 December of that year.

Our age related premium rates are reviewable and not guaranteed. **We** can change them from January every year.

In setting the age related premium rates **we** make a number of assumptions about the demographics of **our members**, legal and regulatory environment, taxation, future levels of inflation,

claims, income, expenses and persistency affecting the **plan** and the **society** as a whole.

If **our** view of the above factors is different to that at the previous review, **we** will use a fair and reasonable basis for calculating its effect on **our** standard premium rates and as a result **your** premiums can increase, decrease or remain unchanged after each review.

We can also change **your** premiums if **we** change the terms and conditions of the **plan** in accordance with the **rules**.

If **your** premiums change, **we** will give **you** at least 60 days advance notice. If **your** premiums increase, **you** can ask **us** to keep them the same and reduce **your cover** or **shares**.

4.3 Guaranteed premiums

If **you** have chosen guaranteed premiums, then **we** will calculate the premiums for **your cover** based on **your** age as at 31 December of the year when **your cover** starts and these will not normally increase, unless:

- **your cover** increases
- **you** use an option that increases **your** premiums
- there are any changes to the **plan** which increase **your** premiums.

We will not increase **your** premiums because **our** claims experience deteriorates. However, in setting the guaranteed premium rates **we** make long term assumptions about the general business and economic environment and legal, regulatory and taxation factors affecting the **society** and the **plan**. If there are significant changes to these long term factors, or it becomes impracticable or impossible to give full effect to the terms and conditions applying to **your cover**, or failing to make the change could, in **our** reasonable opinion, result in **our** with-profits **members** not being treated fairly or there are any other events outside **our** control, **we** may change **your** premiums, subject to approval by the **board** and the **actuary**.

5 General benefit conditions

5.1 The maximum benefits we will pay

If **your incapacity** starts before **you** complete **your education**, **we** will pay a maximum of £45,000 or such other amount as set out in **your benefit statement** for any valid claim. The **benefit** will be paid as a lump sum unless otherwise shown in **your benefit statement**. **We** will only pay this **benefit** once over the life of **your plan** and **you** will not be entitled to any other payments under the **plan**.

If **your incapacity** starts after **you** have completed **your education**, the total **cover**, disregarding any increases from the guaranteed increase in cover option and the inflation linking of cover and benefits option, **you** may have under the **plan** may not exceed £21,000 per annum.

Your benefits after the completing **your education** are based on **your pre-incapacity income** and not **your** income from **your occupation** at the start of **your plan**. The maximum **benefit** **we** will pay under the **plan** in any twelve month period (adjusted proportionately for a claim of less than twelve months) is:

- 70% of **your** first £20,000 of **pre-incapacity income**, plus
- 60% of the next £20,000 of **pre-incapacity income**, plus

- 50% of the next 20,000 of **pre-incapacity income**, plus
- 40% of **your pre-incapacity income** above £60,000.

We will reduce the maximum **benefits we** will pay after **you** complete **your education** by any income **you** earn from other sources during **incapacity**, whether payable to **you** or to a third party on **your** behalf, including:

- any regular insurance benefits arising under policies against **incapacity**
- any salary, bonuses, benefits in kind, profit share or other business income accruing during **your incapacity**
- the distributable profits attributable to **your** shareholding accruing in any private company in which **you** are both a director and an employee
- any pension **you** would receive during **your incapacity**, before exchanging any part of it for cash.

Where any of this **income** is taxable, **we** will only take into account 80% of the gross amount, for the purposes of **our** calculations.

If the **benefits we** are paying **you** increase as a result of the inflation linking option, **we** will also adjust **your pre-incapacity income** appropriately, using the same index. **We** will not do this if **we** are paying **you** reduced **benefits** under section 6.8.

If **we** have to limit **your benefits** then **we** will not refund any premiums.

5.2 When the benefit payments will stop

If **your incapacity** starts after **you** complete **your education**, **we** will pay **your benefits** monthly in arrears after the end of **your deferred period**. Where **your** claim is for less than one month, **we** will pay **your benefits** at the end of the claim.

We will stop paying **you benefits** under this **plan** when the earliest of the following happens:

- **you** are no longer **incapacitated**
- the **cover** reaches its **expiry date**
- **your plan** or **cover** is cancelled
- **you** die
- **you** no longer meet **our** requirements for the payment of **benefits**.

5.3 What is not covered by the plan

If **your incapacity** starts before **you** complete **your education**, **we** will not pay for any **incapacity**, specifically excluded by the special conditions applicable to **your cover** or directly or indirectly related to:

- participation in a criminal act
- deliberate self-harm or alcohol, drugs or substance abuse
- failure to keep **your** recommended immunisations up to date
- procedures and treatments which are not medically necessary, unless the result of an illness or accident and **your specialist** recommends that **you** have the procedure or treatment
- mental health disorders, including anxiety disorders, depression, stress, adjustment disorders, eating disorders, psychosomatic disorders, emotional or behavioural disorders
- disorders related to fatigue, including chronic fatigue syndrome and fibromyalgia

- any musculoskeletal condition for which **we** have not received scan evidence (MRI, X-Ray, CT Scan) of material abnormal findings.

If **your incapacity** starts after **you** complete **your education**, **we** will not pay for any **incapacity**, specifically excluded by the special conditions applicable to **your cover** or directly or indirectly related to:

- participation in a criminal act
- deliberate self-harm or alcohol, drugs or substance abuse
- failure to keep **your** recommended immunisations up to date
- procedures and treatments which are not medically necessary, unless the result of an illness or accident and **your specialist** recommends that **you** have the procedure or treatment.

5.4 Notifying us of your claim

If **you** want to make a claim for an **incapacity** starting before **you** complete **your education**, **you** must notify **us** within four weeks of the diagnosis of **incapacity**.

If **you** want to make a claim for an **incapacity** starting after **you** complete **your education**, **you** must notify **us** within:

- two weeks of the start of **your incapacity** if **your deferred period** is less than five weeks
- four weeks of the start of **your incapacity** for all other **deferred periods**.

If **you** do not notify **us** within the above time limits, **we** may postpone or refuse **your** claim.

Where **your plan** has multiple **benefits**, **we** will calculate the notification limits on the **benefit** with the shortest **deferred period**.

5.5 Our requirements regarding claims

You must complete and return **our** claim form and give **us** any other information **we** ask for as soon as possible. If **you** do not return **your** claim form within 90 days of it being sent to **you** or give **us** the information **we** ask for or follow **our** reasonable instructions, within the time limits **we** specify, **we** may refuse or postpone **your** claim.

In addition **you** must:

- be diagnosed with the **incapacity** by a **doctor**, approved by **us** and whose specialism **we** consider appropriate to **your incapacity**
- be receiving regular supervision and generally accepted medical treatment from a **doctor**, approved by **us** and whose specialism **we** consider appropriate to **your incapacity** and
- comply with their treatment recommendations.

We may also ask, before accepting **your** claim or at any time during **your** claim for **you** to:

- be medically examined by a **doctor** of **our** choosing
- have any investigations or tests
- give **us** the consents **we** ask for in respect of **your** claim
- be available, to meet with **our** appointed representative for an interview about the claim. This could be at **your** home, on the telephone or any other place as **we** reasonably specify. On rare occasions, these interviews could be unannounced.

At **our** discretion **we** may reimburse **you** reasonable travel costs within the **UK** in connection with the above. If **you** are outside the **UK**, **we** may ask **you** to return to the **UK** for the above. **We** will not pay for any travel costs **you** incur in returning to the **UK**.

You are also responsible for the cost of providing any routine financial and medical evidence to support the admission and continued payment of **your** claim. **We** will only pay for the cost of examinations, tests and investigations **we** specifically commission. If **we** incur any costs as a result of **you** not attending a prearranged appointment for a meeting with **our** representative or for any investigation or tests, **we** reserve the right to offset these costs against any **benefits** payable to **you**.

If appropriate, **we** will review **your** claim at least once every twelve months and more frequently, if **we** consider it necessary, on both medical and financial bases to make sure that cumulatively **we** have paid **you** the appropriate **benefits** under **your** claim and **we** reserve the right to recover any overpaid **benefits** by any reasonable means. Where **your** monthly income, before or after **incapacity**, fluctuates, **we** will use the information **you** provide to calculate a smoothed average for the purposes of calculating the **benefits** under the **plan**.

You should tell **us** as soon as possible if there is any change to **your** health, financial or personal circumstances that may affect **your benefits**.

If **you** do not fulfil **our** requirements regarding claims **we** may refuse or stop paying **your benefits**.

5.6 Recurrent incapacity

This section only applies **incapacity** starting after the end of **your education**.

If **you** become **incapacitated** within 12 months of the end of **your** claim and both periods of **incapacity** arise from the same cause, **we** will consider the second claim as a continuation of the first claim.

5.7 Phased return to work

This section only applies **incapacity** starting after the end of **your education** and to **cover** subject to definition **A** of **incapacity**.

If **your** claim fulfils definition **A** of **incapacity** and after a period of **incapacity**, **you** only recover sufficiently to:

- return to **your** own **occupation** on a part-time basis for a lower income, or
- return to a different **occupation** for a lower income

we will consider paying **you** reduced **benefits**, if **you** remain **incapacitated**, subject to the following, in addition to **our** normal conditions for a claim:

- **you** have been advised by **your specialist** to make a phased return to work and remain under their regular supervision and continue to receive generally accepted medical treatment from them for **your incapacity**
- **you** have continuously received **benefits** from **us** for at least three months before the reduced **benefits** become payable
- **your incapacity** limits **your** ability to perform the **material and substantial duties** of **your occupation** to no more than the lower of:
 - 18 hours per week or

- 55% of the average weekly hours **you** worked in the 12 months before the start of **your incapacity**.

We will calculate the reduced **benefits we** will pay as follows:

$$\frac{\text{your pre-incapacity income} - \text{income from your phased return to work}}{\text{your pre-incapacity income}} \times \frac{\text{benefits payable before}}{\text{your phased return to work}}$$

5.8 Pregnancy

We consider pregnancy to be a natural condition rather than **incapacity** and **we** will not consider claims that arise from the normal effects of pregnancy. **Incapacity** from complications of pregnancy and childbirth is covered under the **plan**, as long as it is diagnosed by **your specialist**.

5.9 Payment of benefits abroad

This section only applies to **incapacity** starting after the end of **your education**. If **you** travel to or live outside the **UK** but within the British Overseas Territories, another country in the European Union, Australia, Canada, New Zealand, Norway, Singapore, Switzerland or the USA, **we** will limit the **benefits** for all periods of **incapacity** to a maximum combined period of five years throughout the life of **your plan**.

If **you** travel to or live anywhere else, **we** will limit the **benefits** for all periods of **incapacity** to a maximum combined period of six months throughout the life of **your plan**.

If **we** stop paying **you** and **you** move to live in a country where **you** could continue receiving **benefits** then provided **you** are still **incapacitated**, **we** will assess **your** entitlement from the date of **your** move but **we** will not consider backdating **your benefits** to when **you** were not entitled to them.

5.10 Subrogation rights

You must inform **us** as soon as possible if **you** make any claim against any third party in connection to **your incapacity** and keep **us** fully informed of its progress. **You** must follow all **our** instructions in relation to such a claim and not withdraw or settle it without **our** prior written approval.

We reserve the right to pursue in **your** name any action, which results in **us** paying **you** **benefits**. **We** will have full discretion in the conduct of any such proceedings and in the settlement of any resulting claim. Alternatively, **we** may allow **you**, **your** lawyer, or anyone acting on **your** behalf to conduct these proceedings.

In either case, **we** will be entitled to recover any **benefits** paid or payable to **you** from the proceeds of any third party claim. If **you** do not follow all **our** requirements in relation to any third party claim, **we** reserve the right to refuse **your** claim for **benefits** or where **benefits** have been paid, refuse any further payments.

5.11 General

We will calculate **your** daily **benefit** amount as an appropriate fraction of **your** monthly **benefit** amount and **we** will not pay for any **incapacity** which does not last a full day.

If, as a result of **your incapacity**, **you** are unable to sign **our** forms, **we** will consider admitting and paying **your** claim without **your** signature, provided **we** have satisfactory evidence of **your incapacity** and of **your** inability to sign **our** forms.

If **your incapacity** is the result of a communicable disease and the government has approved a medical treatment that, if taken make it improbable for **you** to transmit the infection to the patients **you** treat and would allow **you** to legally practice as a **dental professional** and perform or assist in exposure prone procedures, then if **you** are receiving treatment, **we** will continue to pay **you benefits** until **you** are medically fit to return to **your occupation**, subject to **our** normal terms and conditions for claims. If **you** decide not to have the treatment then **we** will pay **you benefits** for a maximum period of 12 months throughout **your incapacity**.

If **your incapacity** is due to any physical, mental or behavioural symptoms, where the abnormality cannot be detected and monitored using generally accepted and recognised objective diagnostic procedures (**we** do not consider detection or monitoring tools which rely on reported symptoms to be objective procedures) and rest or refraining from **your occupation** is the primary element of **your** medical treatment, **we** will limit **benefits** payable under **your cover** to a maximum period of two years throughout the life of **your plan**.

If after the start of **your incapacity**, **you** dispose of **your** financial interest in an undertaking which was the source of **your pre-incapacity income** then **we** will use profit on the sale, before any tax reliefs and allowances, to calculate the effect of the sale on **your** income during **incapacity**. **We** have the right to make a reasonable adjustment for this to **your** income during **incapacity** for the purposes of **our benefit** calculations. If the disposal results in a loss then **we** will ignore this from **our benefit** calculations.

If **you** accept a lump sum in lieu of a claim from another insurer or cancel an insurance contract after the start of a claim, **we** reserve the right to disregard this from **our benefit** calculations if this would otherwise result in increasing **our** liability to pay **you benefits**.

If **you** enter into any arrangements with a **family member** or **your** business colleagues which is not on commercial arm's length basis, **we** reserve the right to replace the actual terms with normal commercial arm's length terms in calculating any **benefits** due if this would otherwise result in increasing **our** liability to pay **you benefits**.

6 Standard features of the plan after you complete your education

6.1 Deferred period during approved training

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

If **we** agree that **you** are **employed** in an approved dental training scheme in the **UK** immediately before the start of **your incapacity**, **we** will adjust **your deferred period** to match **your** National Health Service sick pay entitlement, subject to a minimum effective **deferred period** of 4 weeks.

6.2 Changing your deferred period

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

After the completion of **your** approved dental training, the **deferred period** applicable to **your cover** will be 1 week.

If **you** select a **deferred period** of eight weeks or more, **you** can reduce **your deferred period** to a minimum of four weeks at a

later date, without medical underwriting. **Your** premiums will increase to reflect the shorter **deferred period**. **You** may only reduce **your deferred period** without medical underwriting if:

- **you** have had the **cover** and paid the full premiums continuously for at least the last 18 months
- **you** have stopped working for one employer and started work for a new, unconnected employer or if **you** have stopped being employed and become self-employed
- no special conditions have been applied to **your cover**
- **you** have not made any claims under the **cover**, since its start
- **you** ask **us** to change **your deferred period** within 90 days of the change in **your** employment status and **you** give **us** the evidence **we** ask for to confirm the change in **your** employment status.

6.3 Career break

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

If **you** take a career break and stop working, **you** can ask **us** to suspend **your cover**. **You** will not have to pay any premiums for **your cover**. **You** will not be able to make a claim when **your cover** is suspended under this section.

We will write to **you** to confirm when **we** have suspended **your cover**. **We** will not backdate the start of the suspension to earlier than when **you** notify **us** and it will be subject to the following conditions:

- **you** cannot use this feature before the fifth anniversary of **your plan** or if **your plan** is in arrears
- **you** cannot suspend **your cover** for less than six months
- **you** cannot suspend **your cover** for more than 12 months on any one occasion or more than a total of 24 months over the life of **your plan**
- **you** cannot suspend just a part of **your cover**.

You can tell **us** when **you** would like **your cover** to restart in advance and it will restart automatically on that date. If **you** have not given **us** a date then **your cover** will restart after it has been suspended for 12 months or the unused portion of the career break, if shorter. However, **you** can restart **your cover** earlier by giving **us** 7 days' advance notice.

After **your cover** restarts and **you** want to make a claim, **we** will apply definition **C** of **incapacity** to **your** claim, unless **you** can provide **us** evidence that **you** are in work or have formally agreed a guaranteed position to return to after the end of **your** career break, in which case **we** will apply the normal definition of **incapacity** applicable to **your benefits**.

6.4 Your Cover when not in work

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

If **you** are not performing **your occupation** immediately before the start of **your incapacity** or if:

- **you** are under notice of redundancy, termination or suspension
- **you** are self-employed and **you** have no work or **your** business ceases to be a going concern

we will assess **your** claim based on definition **C** of **incapacity**, unless **you** can provide **us** evidence that **you** have formally agreed

a genuine, guaranteed new position to go to, in which case **we** will apply the normal definition of **incapacity** applicable to **your cover**.

If **we** apply definition **C** of **incapacity**, **we** will limit **your benefits** to a maximum amount of £1,200 per month.

This section 6.4 will not apply to any claim where **you** are entitled to **benefits** under any of **our** other plans. If **you** are entitled to **benefits** under the “Cover when not in work” section under more than one of **our** plans, **we** will only pay this benefit once and under the plan where **you** have the greatest entitlement.

6.5 Minimum benefit assurance

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

If definition **A** of **incapacity** applies to **your cover**, **your** claim satisfies that definition and **your cover** is more than or equal to £1,040 per month but as result of the calculation in section 5.1, the **benefits** payable are less than £1,040 then **we** will calculate **your benefit** as follows:

£1,040 minus any income you receive from other sources, whether payable to **you** or to a third party on **your** behalf, including:

- any regular insurance benefits arising under policies against **incapacity**
- any salary, bonuses, benefits in kind, profit share or other business income accruing during **your incapacity**
- the distributable profits attributable to **your** shareholding accruing in any private company in which **you** are both a director and an employee
- any pension **you** would receive during **your incapacity**, before exchanging any part of it for cash.

Where any of this income is taxable, **we** will only take into account 80% of the gross amount, for the purposes of **our** calculations.

We will review **your** claim at least once every twelve months and more frequently, if **we** consider it necessary, on both medical and financial bases to make sure that cumulatively **we** have paid **you** the appropriate **benefits** under **your** claim and **we** reserve the right to recover any overpaid **benefits** by any reasonable means. Where **your** monthly income, before or after **incapacity**, fluctuates, **we** will use the information **you** provide to calculate a smoothed average for the purposes of calculating the **benefits** under the **plan**. If appropriate, **we** will adjust **your** monthly **benefits** up to a maximum of £1,040, including any inflation linked increases.

If **your cover** is less than £1,040 per month then **we** will replace £1,040 with the amount of **your cover** immediately before the start of **your** claim for the purposes of this section.

This section 6.5 will not apply to any claim where **you** are entitled to **benefits** under any of **our** other plans. If **you** are entitled to **benefits** under the “Minimum benefits assurance” section under more than one of **our** plans, **we** will only pay this benefit once and under the plan where **you** have the greatest entitlement.

6.6 Hospitalisation benefit

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

If **you** are hospitalised as a result of **your incapacity** **we** will pay **you** hospitalisation benefit after **you** spend at least seven consecutive nights in a hospital during **your deferred period**

For **your** eighth and subsequent nights’ stay, **we** will pay **you** hospitalisation benefit equal to 1/30th of **your** monthly **benefit** up to a maximum of £75 for every night **you** spend in the hospital, until:

- **you** leave the hospital
- the end of **your deferred period**
- **we** have paid the hospitalisation benefit for 90 nights’ stay
- **your plan** ends.

This option is not available for **cover** with a **deferred period** of less than three weeks.

6.7 Guaranteed increase in cover

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

You can ask **us** to increase **your cover** without providing further medical evidence within three months of any of the following events:

- three years since **your** last guaranteed increase in cover and **your** income from **your occupation** has increased in the meantime or
- **your** promotion, starting a new job or business and **your** income increases by more than 10% as a result or
- **you** entering into a civil partnership or get married or
- **you** becoming a parent or
- **you** increasing **your** personal mortgage.

The increase in **cover** will be subject to the following conditions:

- **you** must have held **your cover** and paid the full premiums for at least six consecutive years
- **your** premiums will increase as a result of the additional **cover**
- **we** may ask **you** to provide evidence of **your** increased income to support **your** request for the additional **cover**
- the total increase under this section cannot be more than 20% of the initial value of the **cover**
- **you** cannot increase **your cover** by more than £130 per month at any one time
- there must be a minimum of six months between any two requests for an increase in **cover** under this section
- **your** additional **cover** will be on the same terms and conditions as **your** initial **cover** except that the guaranteed increase in cover option will not apply
- **you** must not be **incapacitated** or have made a claim for **benefits** under the **plan** within the previous 12 months.

If **we** accept **your** request, **we** will write and confirm the start date of **your** additional **cover**.

6.8 Inflation linking of cover and benefits

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

Your cover will increase in January each year in line with inflation, subject to the following conditions:

- the first increase in **your cover** will be in the January following the end of **your** approved training based on the 12 month change to the **UK** Consumer Price Index as at the previous September

- the maximum annual increase under this option cannot exceed 5%
- the total increases under this feature, over the life of **your plan**, cannot exceed 150% of **your initial cover**
- If **you** are receiving **benefits**, these payments will increase as **your cover** increases.

Your premium will increase if **your cover** increases. **Your** premium will increase at a different rate to **your cover** as it takes into account the fact that **your** likelihood of becoming **incapacitated** will increase as **you** get older.

You can refuse the additional **cover** under this option by completing and returning the form **we** send **you** with the letter notifying **you** of the increase at least 15 days before the increased **benefits** take effect.

If **you** refuse the additional **cover**, **we** will stop increasing **your cover** under this option until **you** ask **us** to resume doing so in writing and **we** will do so from the January after receiving **your** instructions. However, **you** cannot do this during **incapacity** or until **you** have recovered fully from **your incapacity** and completed at least six months of full time work in **your occupation** working at least 28 hours per week.

If the change in the index is negative, **we** will not make any further changes to **your cover** or **benefits** until the index rises above the level which last resulted in an increase in **your cover** or **benefits**.

We may, at **our** discretion replace the **UK** consumer price index with another suitable index.

If **we** are unable to give **you** inflation linking of cover and benefits feature, then **your cover** will not change and any **benefits** due will be paid at a constant rate until the end of **your** claim.

6.9 Waiver of premiums

This section only applies to the **cover** in respect of the **benefits** payable after the end of **your education**.

Once **your** claim has been in payment for at least three months:

- **you** will not have to pay premiums for **your cover** for the duration of the claim
- **we** will refund the premiums **you** have paid for the **cover** from the time **benefits** became payable under the **cover**.

7 General

7.1 Currency

This **plan** is only available in Pounds Sterling.

We will collect premiums from **your** personal bank account in the **UK** in Pounds Sterling and **we** will only pay **benefits** into the bank account **you** use to pay **your** premiums. However, if **we** consider it appropriate, **we** reserve the right to make these payments to **you** by cheque.

If **you** pay **us** by debit card or bank transfer, **you** are responsible for settling any bank charges which may be incurred by either party. **We** do not accept payments by cheque or credit cards.

If the currency of the **UK** changes, **we** will change the currency of **your plan** accordingly.

7.2 Assignment

This **plan** and the **benefits** cannot be put into a trust, assigned, charged, used as a security or transferred to anybody else.

7.3 Cancellation

Your plan will automatically end at the **expiry date** but **you** can cancel **your plan** and **your membership** earlier by asking **us** to do this in writing. **We** will do this from the later of the date **you** have specified or the date **we** receive **your** written instructions. **We** will not backdate any request for the cancellation of **your plan**.

We have the right to cancel **your plan** and **your membership** before the **expiry date** or from its start if appropriate, if:

- **you** do not give **us** any permissions **we** need to administer **your membership** or manage **our** affairs effectively
- **you** enter into voluntary arrangements or composition with **your** creditors, bankruptcy or winding up proceedings are started against **you** or a receiver, administrator or an administrative receiver is appointed over any of **your** assets or if **you** enter into voluntary or compulsory liquidation (except for the purposes of a solvent amalgamation or reconstruction)
- **you** don't pay **your** premiums in full by the due date
- **you** don't repay any overpaid **benefits** in full within 30 days of **us** requesting the repayment
- **you** don't give **us** the information **we** reasonably request within the time limits **we** specify
- **you** are in breach of the terms and conditions of the **plan** and **you** fail to remedy the breach within 30 days of being notified
- If **you** are convicted of an offence which carries a custodial sentence or one involving corruption or dishonesty such as fraud, theft, deception, misrepresentation or misappropriation of funds
- **you** are expelled from **your** educational establishment
- **you** are barred or suspended from **your occupation** by **your** employer or another competent authority for any reason other than **incapacity**
- **you** have acted dishonestly, concealed or misstated information in **your** dealings with **us**.

7.4 General

The **plan** has no cash in value.

We may offer discounts and promotional terms to existing and new **planholders** for such duration and terms as **we**, in **our** absolute discretion, consider appropriate and **we** may withdraw these at any time and without prior notice.

We will not take any instructions from another person about **your plan**, unless **you** give **us** specific written instructions authorising **us** to do so or they give **us** the original power of attorney authorising them to act on **your** behalf.

You are ultimately liable for any tax liabilities and charges arising on **your** premiums, **benefits**, bonuses and any other payment under the **plan**.

All communication between us, regarding this **plan**, will be in English.

Dentists' Provident

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